

SEPTEMBER 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5  Ice Cream Truck Visits 1PM
		Aktion Club Meeting 6:30-7:15pm RAH	Open Swim 4:00 - 5:00pm	Open Swim 5:30 - 6:30pm		
6	7 Foam & Bubble Party 1-2:30pm SWC Bball court See flyer for details. <i>Labor Day</i>	8 Special Olympics Senior Sports Practice 4:15-5:00PM *Aqua Zumba 5:30 - 6:30pm	9 *Fall Scarecrow 4-5pm Open Swim 4:00 - 5:00pm Chair Yoga 5:30-6pm *Ripples - Aquatic Exercise Class 5:30-6:30pm	10 *Aqua Stretch & Tone 4:30-5:30pm Open Swim 5:30 - 6:30pm	11 Rosh Hashanah begins *Music Trivia 6:00-7:00pm Location: RAH	12
Rosh Hashanah ends 13	14 Open Swim 4:00 - 5:00pm Drop In: Music & Movement 4:30-5:00pm	15 SO Sr Sports Practice 4:15-5:00PM *Aqua Zumba 5:30 - 6:30pm Aktion Club Meeting 6:30-7:15pm RAH	16 *Wood Pumpkin 4-5pm Open Swim 4- 5pm Chair Yoga 5:30-6pm *Ripples - Aquatic Exercise Class 5:30-6:30pm	17 *Aqua Stretch & Tone 4:30-5:30pm Open Swim 5:30 - 6:30pm	18	19
Yom Kippur begins 20	Yom Kippur ends 21 Open Swim 4:00 - 5:00pm Drop In: Music & Movement 4:30-5:00pm	22 Special Olympics Senior Sports Practice 4:15-5:00PM *Aqua Zumba 5:30 - 6:30pm	23 Open Swim 4:00 - 5:00pm Chair Yoga 5:30-6pm Ripples 5:30 - 6:30pm	24 *Aqua Stretch & Tone 4:30-5:30pm Open Swim 5:30 - 6:30pm NEW Drop in: Shine Dance Fitness 6-6:30pm	25 *Drum Circle 6:00-7:00pm Location: RAH	26 Special Olympics Senior Sports Classic Barnstable High School 10am-3pm
27  First Night of Bowling 6-7:30pm AKL	28 *Guys Games Night 7:00 - 8:00pm Open Swim 4:00 - 5:00pm Drop In: Music & Movement 4:30-5:00pm	29 *Aqua Zumba 5:30 - 6:30pm	30 *Art Club 4:00-4:45pm Open Swim 4:00 - 5:00pm Chair Yoga 5:30-6pm Ripples 5:30 - 6:30pm	For more information: Heather (Front Desk) x200 Ginger (Director) x204 Melanie (Art) x207 Sean (Music/Aquatics) x212	* = pre-registration required.	RAH = Ray Assembly Hall, located in the Sheingold Community Building AKL = Alley Kat Lanes, Kingston