

# OCTOBER 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>* = Community Fitness/swim times (Mon. 6:15-7pm; Weds. 6-7pm; Sat. 11:30am-12:30pm) AKL=Alley Kat Lanes, Kingston RAH= Ray Assembly Hall</p>		<p>For more information: Ginger x204, Colleen x205, Susannah x202, Kim x208, Melanie x207, Sean x212</p>	<p><b>1</b> ADULT ED <b>Ceramics &amp; Clay</b> Level 1 4:30-5:30pm</p> <p>AQUA FITNESS 5:00-6:00pm (see back for assigned swim times)</p>	<p><b>2</b></p> <p>AQUA FITNESS 6:30-7:30pm (see back for assigned swim times)</p> <p>FITNESS L1 6:00-6:30pm or L2 6:30-7:00pm</p>	<p><b>3</b></p>	<p><b>4</b></p> <p>TOP TEN with Kim</p> <p>AQUA FITNESS 10:30-11:30am (see back for assigned swim times)</p>
<p><b>5</b> Bowling 6:30-8pm AKL</p> <p>TOP TEN</p> <p>NEW SWC Open 12:30-3:30pm</p>	<p><b>6*</b> Bingo 7-8pm \$2.00/card</p> <p>FITNESS (See back for team times)</p>	<p><b>7</b> SPECIAL OLYMPICS Senior Classics Practice 5:30pm @ SWC</p> <p>ADULT ED Voter Education 6:30-7:30 pm</p>	<p><b>8*</b> Yom Kippur begins at sundown</p> <p>ADULT ED Ceramics &amp; Clay Level 2 4:30-5:30pm</p> <p>AQUA FITNESS 5:00-6:00pm (see back for assigned swim times)</p>	<p><b>9</b></p> <p>AQUA FITNESS 6:30-7:30pm (see back for assigned swim times)</p> <p>FITNESS L1 6:00-6:30pm or L2 6:30-7:00pm</p>	<p><b>10</b> Open Mic Night 6:30 - 8:00pm RAH NEV \$3 Guests \$5</p>	<p><b>11*</b></p> <p>TOP TEN</p> <p>AQUA FITNESS 10:30-11:30am (see back for assigned swim times)</p>
<p><b>12</b> Bowling 6:30-8pm AKL</p> <p>TOP TEN</p> <p>OPEN ART STUDIO Level 1: 1:00pm-1:45pm Level 2: 2:00pm-3:00pm \$2.00 Materials Fee</p>	<p><b>13</b> Columbus Day</p> <p>FITNESS (See back for team times)</p>	<p><b>14</b> SPECIAL OLYMPICS Senior Classics Practice 5:30pm @ SWC</p> <p>ADULT ED Voter Education 6:30-7:30 pm</p>	<p><b>15*</b> ADULT ED Ceramics &amp; Clay Level 1 4:30-5:30pm</p> <p>Early Swim 2:00-3:00pm (see back for assigned swim times)</p>	<p><b>16</b></p> <p>AQUA FITNESS 6:30-7:30pm (see back for assigned swim times)</p> <p>FITNESS L1 6:00-6:30pm or L2 6:30-7:00pm</p>	<p><b>17</b> Special Olympics Senior Sports Classic Sea Crest Resort Athletes leave NEV@ 2pm</p>	<p><b>18*</b> Special Olympics Senior Sports Classic Bourne High School 8am-4pm</p> <p>TOP TEN with Kim</p> <p>AQUA FITNESS 10:30-11:30am (see back for assigned swim times)</p>
<p><b>19</b> Bowling 6:30-8pm AKL</p> <p>TOP TEN</p> <p>NEW SWC Open 12:30-3:30pm</p>	<p><b>20*</b> Senior Sports Classic Recognition Rally 4:30-5:15 pm RAH</p>	<p><b>21</b></p> <p>ADULT ED Presidential Profiles 6:00-7:00 pm</p>	<p><b>22*</b></p> <p>ADULT ED Ceramics &amp; Clay Level 2 4:30-5:30pm</p> <p>AQUA FITNESS 5:00-6:00pm (see back for assigned swim times)</p>	<p><b>23</b></p> <p>AQUA FITNESS 6:30-7:30pm (see back for assigned swim times)</p> <p>FITNESS L1 6:00-6:30pm or L2 6:30-7:00pm</p>	<p><b>24</b></p>	<p><b>25*</b></p> <p>TOP TEN</p> <p>AQUA FITNESS 10:30-11:30am (see back for assigned swim times)</p>
<p><b>26</b> Bowling 6:30-8pm AKL</p> <p>TOP TEN</p> <p>OPEN ART STUDIO Level 1: 1:00pm-1:45pm Level 2: 2:00pm-3:00pm \$2.00 Materials Fee</p>	<p><b>27*</b> Games Night 7-8pm \$1.00</p> <p>FITNESS (see back for team times)</p>	<p><b>28</b></p> <p>ADULT ED Presidential Profiles 6:00-7:00 pm</p>	<p><b>29*</b></p> <p>ADULT ED Ceramics &amp; Clay Level 1 4:30-5:30pm</p> <p>AQUA FITNESS 5:00-6:00pm (see back for assigned swim times)</p>	<p><b>30</b></p> <p>AQUA FITNESS 6:30-7:30pm (see back for assigned swim times)</p> <p>FITNESS L1 6:00-6:30pm or L2 6:30-7:00pm</p>	<p><b>31</b>  Halloween Party 6:30-8:30pm RAH NEV \$4.00 Guests \$5.00 (by invitation only)</p>	

Adult Ed Classes: Shaded gray areas are open to Community participants. All events take place at the Sollar Wellness Center unless otherwise noted.

\*\* New SWC Sunday Hours ~ Building is open for you to use walking track, education room, fitness room, etc.