

MARCH 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>* = Community Fitness/swim times (Mon. 6:15-7pm; Weds. 6-7pm; Sat. 11:30am-12:30pm)</p>		<p>AKL=Alley Kat Bowling Lanes, Kingston RAH=Ray Assembly Hall</p>	<p>For more information: Ginger x204, Colleen x205, Susannah x202, Kim x208, Melanie x207, Sean x212</p>			<p>1*</p> <p> AQUA FITNESS 10:30-11:30am (see back for assigned swim times)</p>
<p>2 BOWLING 6:30-8PM AKL</p> <p>Interest Outing Wheelock Theatre "Peter Pan" Leave NEV at 1pm</p>	<p>3</p> <p>Bingo 7-8pm \$2.00/card</p> <p> FITNESS 4:45-5:15pm or 5:15-6:00pm</p>	<p>4</p> <p> TEAM NEV BASKETBALL VS CARDINAL CUSHING Leave NEV at 6:00pm</p>	<p>5*</p> <p> AQUA FITNESS 5:00-6:00pm (see back for assigned swim times)</p>	<p>6</p> <p> AQUA FITNESS 6:30-7:30pm (see back for assigned swim times)</p> <p> FITNESS L1 6:00-6:30pm or L2 6:30-7:00pm</p>	<p>7</p>	<p>8</p> <p>"Let's Get Fit" House Sampler 11:30am—1:00pm (see back for details)</p> <p> AQUA FITNESS 10:30-11:30am (see back for assigned swim times)</p>
<p>9 BOWLING 6:30-8PM AKL</p> <p>OPEN ART STUDIO Level 1: 1:00pm-1:45pm Level 2: 2:00pm-3:00pm \$2.00 Materials Fee</p>	<p>10*</p> <p><small>ADULT ED</small> History of Rock & Roll 7-8 pm</p> <p> FITNESS 4:45-5:15pm or 5:15-6:00pm</p>	<p>11</p>	<p>12</p> <p> AQUA FITNESS 5:00-6:00pm (see back for assigned swim times)</p>	<p>13</p> <p> AQUA FITNESS 6:30-7:30pm (see back for assigned swim times)</p> <p> FITNESS L1 6:00-6:30pm or L2 6:30-7:00pm</p>	<p>14</p> <p>Union Grove Drop-In Dance 7-10pm \$6.00</p>	<p>15* OPEN MUSIC Irish Festival 2:00-3:30pm RAH</p> <p> AQUA FITNESS 10:30-11:30am (see back for assigned swim times)</p>
<p>16 BOWLING 6:30-8PM AKL</p>	<p>17* Happy St. Patty's Day</p> <p><small>ADULT ED</small> History of Rock & Roll 7-8 pm</p> <p> FITNESS 4:45-5:15pm or 5:15-6:00pm</p>	<p>18</p>	<p>19*</p> <p> Early Swim 2:00-3:00pm (see back for assigned swim times)</p>	<p>20 <i>First day of Spring</i></p> <p> AQUA FITNESS 6:30-7:30pm (see back for assigned swim times)</p> <p> FITNESS L1 6:00-6:30pm or L2 6:30-7:00pm</p>	<p>21</p>	<p>22*</p> <p> AQUA FITNESS 10:30-11:30am (see back for assigned swim times)</p>
<p>23 </p> <p>BOWLING 6:30-8PM AKL</p>	<p>24* Bingo 7-8pm \$2.00/card</p> <p> FITNESS 4:45-5:15pm or 5:15-6:00pm</p>	<p>25</p>	<p>26*</p> <p> AQUA FITNESS 5:00-6:00pm (see back for assigned swim times)</p>	<p>27</p> <p> AQUA FITNESS 6:30-7:30pm (see back for assigned swim times)</p> <p> FITNESS L1 6:00-6:30pm or L2 6:30-7:00pm</p>	<p>28</p> <p>OPEN MUSIC 6:30 - 8:00 pm</p>	<p>29*</p> <p> AQUA FITNESS 10:30-11:30am (see back for assigned swim times)</p>
<p>30 Let's Get Fit Sampler 11:30am-1pm</p> <p>OPEN ART STUDIO L1: 1-1:45pm L2: 2-3pm</p>	<p>31* Rock & Roll 7-8 pm</p> <p> FITNESS 4:45-5:15pm or 5:15-6:00pm</p>					