

NOVEMBER 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>* = Community Fitness/swim times (Mon. 6:15-7pm, Weds. 6-7pm; Sat. 11:30am-12:30pm)</p> <p>♥ = Weekend Sampler (see back for details)</p>		AKL = Alley Kat Bowling Lanes, Kingston		<p>1</p> <p> AQUA FITNESS 6:30-7:30pm (see back for assigned swim times)</p> <p>♥ FITNESS L1 6:00-6:30pm or L2 6:30-7:00pm</p>	<p>2</p> <p>Union Grove Drop-In Dance 7-10pm \$6.00</p>	<p>3* ♥</p> <p> AQUA FITNESS 10:30-11:30am (see back for assigned swim times)</p>
<p>4 Bowling 6:30-8pm AKL</p>	<p>5*</p> <p>♥ FITNESS 4:45-5:15pm or 5:15-6:00pm</p>	<p>6</p> <p>Adult Education T'ai Chi 7:00pm-8:00pm</p>	<p>7*</p> <p> AQUA FITNESS 5:00-6:00pm (see back for assigned swim times)</p>	<p>8</p> <p> AQUA FITNESS 6:30-7:30pm (see back for assigned swim times)</p> <p>♥ FITNESS L1 6:00-6:30pm or L2 6:30-7:00pm</p>	<p>9</p>	<p>10*</p> <p> AQUA FITNESS 10:30-11:30am (see back for assigned swim times)</p>
<p>11 Bowling 6:30-8pm AKL</p> <p>OPEN ART STUDIO Level 1: 1:00pm-1:45pm Level 2: 2:00pm-3:00pm \$2.00 Materials Fee</p>	<p>12*</p> <p>Bingo 7-8pm \$2.00/card</p> <p>♥ FITNESS 4:45-5:15pm or 5:15-6:00pm</p>	<p>13</p> <p>Adult Education T'ai Chi 7:00pm-8:00pm</p>	<p>14*</p> <p> AQUA FITNESS 5:00-6:00pm (see back for assigned swim times)</p>	<p>15</p> <p> AQUA FITNESS 6:30-7:30pm (see back for assigned swim times)</p> <p>♥ FITNESS L1 6:00-6:30pm or L2 6:30-7:00pm</p>	<p>16 Fall Formal 🍂 Ridder Country Club 6:00-10:00pm 🍂</p>	<p>17 *</p> <p> AQUA FITNESS 10:30-11:30am (see back for assigned swim times)</p> <p>Open Music 1:00-2:30pm</p>
<p>18 Bowling 6:30-8pm AKL</p> <p>♥</p>	<p>19*</p> <p>♥ FITNESS 4:45-5:15pm or 5:15-6:00pm</p>	<p>20</p> <p>Adult Education T'ai Chi 7:00pm-8:00pm</p>	<p>21</p> <p> No Swim</p>	<p>22</p> <p> Happy Thanksgiving</p>	<p>23 🎬 Movie Night 6:00-8:00pm \$1.00</p>	<p>24*</p> <p> AQUA FITNESS 10:30-11:30am (see back for assigned swim times)</p>
<p>25 No Bowling</p> <p>OPEN ART STUDIO Level 1: 1:00pm-1:45pm Level 2: 2:00pm-3:00pm \$2.00 Materials Fee</p>	<p>26</p> <p>Bingo 7-8pm \$2.00/card</p> <p>♥ FITNESS 4:45-5:15pm or 5:15-6:00pm</p>	<p>27</p> <p>Adult Education T'ai Chi 7:00pm-8:00pm</p>	<p>28*</p> <p> AQUA FITNESS 5:00-6:00pm (see back for assigned swim times)</p>	<p>29</p> <p> AQUA FITNESS 6:30-7:30pm (see back for assigned swim times)</p> <p>♥ FITNESS L1 6:00-6:30pm or L2 6:30-7:00pm</p>	<p>30</p> <p>Open Music 6:30-8:00pm</p>	