

SEPTEMBER 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>* = Community Fitness/swim times (Mon. 6:15-7pm, Weds. 6-7pm; Sat. 11:30am-12:30pm)</p> <p> = Weekend Sampler See back for details</p>	AKL = Alley Kat Bowling Lanes Kingston					<p>1</p> <p> AQUA FITNESS 10:30 - 11:30am (see back for assigned swim times)</p>
2	<p>3 Labor Day</p> <p><u>Drop-In</u> Creative Collaging 1:30pm-2:30pm Art Room (No Fee)</p>	<p>4</p> <p>Special Olympics Senior Classics Practice 6pm-7pm</p>	<p>5 *</p> <p> AQUA FITNESS 5:00-6:00pm (see back for assigned swim times)</p>	<p>6</p> <p> AQUA FITNESS 6:30-7:30pm (see back for assigned swim times)</p> <p> DANCE FITNESS 6:00-6:30pm or 6:30-7:00pm</p>	<p>7</p> <p>OPEN MUSIC 6:30pm-8:00pm</p>	<p>8 *</p> <p></p> <p> AQUA FITNESS 10:30-11:30am (see back for assigned swim times)</p>
9	<p>10 *</p> <p>Bingo 7-8pm \$2.00/card</p> <p> FITNESS 4:45-5:15pm or 5:15-6:00pm</p>	<p>11</p> <p>Special Olympics Senior Classics Practice 6pm-7pm</p>	<p>12* Rosh Hashanah begins at sundown</p> <p><u>Adult Education</u> Clay Exploration L1 4:30pm-5:30pm</p> <p> AQUA FITNESS 5:00-6:00pm (see back for assigned swim times)</p>	<p>13</p> <p> AQUA FITNESS 6:30-7:30pm (see back for assigned swim times)</p> <p> DANCE FITNESS 6:00-6:30pm or 6:30-7:00pm</p>	<p>14</p> <p>Union Grove Drop-In Dance 7-10pm \$6.00</p>	<p>15 *</p> <p> AQUA FITNESS 10:30 - 11:30am (see back for assigned swim times)</p>
<p>16</p> <p></p> <p>OPEN ART STUDIO Level 1: 1:00pm-1:45pm Level 2: 2:00pm-3:00pm \$2.00 Materials Fee</p>	<p>17 *</p> <p> FITNESS 4:45-5:15pm or 5:15-6:00pm</p>	<p>18</p> <p><u>Adult Education</u> Tools of the Trade 6:30pm-7:30pm</p> <p>Special Olympics Senior Classics Practice 6pm-7pm</p>	<p>19 *</p> <p><u>Adult Education</u> Clay Exploration L2 4:30pm-5:30pm</p> <p> EARLY SWIM 2:00-3:00pm (see back for assigned swim times)</p>	<p>20</p> <p> AQUA FITNESS 6:30-7:30pm (see back for assigned swim times)</p> <p> DANCE FITNESS 6:00-6:30pm or 6:30-7:00pm</p>	<p>21</p> <p>Yom Kippur begins at sundown</p>	<p>22 *</p> <p> AQUA FITNESS 10:30-11:30am (see back for assigned swim times)</p> <p>Open Music 1:00-2:30pm</p>
<p>23</p>	<p>24 *</p> <p>Bingo 7-8pm \$2.00/card</p> <p> FITNESS 4:45-5:15pm or 5:15-6:00pm</p>	<p>25</p> <p><u>Adult Education</u> Tools of the Trade 6:30pm-7:30pm</p> <p>Special Olympics Senior Classics Practice 6pm-7pm</p>	<p>26*</p> <p><u>Adult Education</u> Clay Exploration L1 4:30pm-5:30pm</p> <p> AQUA FITNESS 5:00-6:00pm (see back for assigned swim times)</p>	<p>27</p> <p> AQUA FITNESS 6:30-7:30pm (see back for assigned swim times)</p> <p> DANCE FITNESS 6:00-6:30pm or 6:30-7:00pm</p>	<p>28</p>	<p>29 *</p> <p> AQUA FITNESS 10:30 - 11:30am (see back for assigned swim times)</p>
<p>30</p> <p>OPEN ART STUDIO Level 1: 1:00pm-1:45pm Level 2: 2:00pm-3:00pm \$2.00 Materials Fee</p> <p>First Night of Bowling 6:30-8:00pm AKL</p>						

Adult Ed Classes: Shaded areas are open to Community participants. All events take place at the Sollar Wellness Center unless otherwise noted.