


JULY 2007

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 "LET'S GET FIT HOUSE SAMPLER" 12:00-2:00pm	2 ♥ FITNESS 4:45-5:15 or 5:15-6pm	3	4  Independence Day	5 AQUA FITNESS 6:30-7:30pm (see back for assigned swim times) DANCE FITNESS 6:00-6:30pm or 6:30-7:00pm	6	7 COMMUNITY SWIM 11:00am-12:00pm AQUA FITNESS 12:00-1:00pm (see back for assigned swim times)
8	9 ♥ FITNESS 4:45-5:15 or 5:15-6pm	10	11 Adult Ed SIZZLING SUMMER CLAY DAYS Level 2 - 4:30-5:30pm (Pre-registration required) AQUA FITNESS 5:00-6:00pm (see back for assigned swim times)	12 AQUA FITNESS 6:30-7:30pm (see back for assigned swim times) DANCE FITNESS 6:00-6:30pm or 6:30-7:00pm	13 SUMMER DROP-IN OUTDOOR CONCERT 6:00pm-8:00pm Outside the Sheingold Bldg. NEV \$3.00 - Com. \$5.00	14 COMMUNITY SWIM 11:00am-12:00pm AQUA FITNESS 12:00-1:00pm (see back for assigned swim times)
15 OPEN ART STUDIO Level 1: 1:00pm-1:45pm Level 2: 2:00pm-3:00pm \$2.00 Materials Fee	16 SUMMER DROP-IN SUPER BINGO 7:00-8:00pm \$2.00 per card. (2 card max) ♥ FITNESS 4:45-5:15 or 5:15-6pm	17 Team NEV SOFTBALL vs Cardinal Cushing Leave NEV @ 6:00pm	18 INTEREST OUTING Dinner Cruise Leave NEV @ 6:00pm AQUA FITNESS 5:00-6:00pm (see back for assigned swim times)	19 AQUA FITNESS 6:30-7:30pm (see back for assigned swim times) DANCE FITNESS 6:00-6:30pm or 6:30-7:00pm	20	21 "LET'S GET FIT HOUSE SAMPLER" 10:30am-12:30pm COMMUNITY SWIM 11:00am-12:00pm AQUA FITNESS 12:00-1:00pm (see back for assigned swim times)
22	23 ♥ FITNESS 4:45-5:15 or 5:15-6pm	24 Adult Ed GRILLING 101 6:00-7:00pm (Pre-registration required)	25 Adult Ed SIZZLING SUMMER CLAY DAYS Level 2 - 4:30-5:30pm (Pre-registration required) AQUA FITNESS 5:00-6:00pm (see back for assigned swim times)	26 AQUA FITNESS 6:30-7:30pm (see back for assigned swim times) DANCE FITNESS 6:00-6:30pm or 6:30-7:00pm	27 SUMMER DROP-IN FRIDAY NIGHT FLICKS "Back to the Beach" 6:00-8:00pm NEV \$1.00 - Com. \$2.00 RAH	28 COMMUNITY SWIM 11:00am-12:00pm AQUA FITNESS 12:00-1:00pm (see back for assigned swim times)
29 OPEN MUSIC 6:30-8:00pm	30 ♥ FITNESS 4:45-5:15 or 5:15-6pm	31 Adult Ed GRILLING 101 6:00-7:00pm (Pre-registration required)	<p>*Summer Drop-In and Adult Ed Classes Shaded areas are open to Community participants. All events take place at the Sollar Wellness Center unless otherwise noted.</p> <p>RAH = Ray Assembly Hall</p>			